

Arts Ballet Academy 2023-24: Core Programs & Electives Lower School

BEGINNING CLASSES: 7 +

Notes:	Age/Skill	Class Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Counts towards 4+ Pointe Hours?
Level 1a Beginning Ballet and Performance (1 day/week and 1 role in Performances)									
Must be 7 by 9/30	7-9	Ballet Level 1a		6:45-8:00					
Level 1b Beginning Ballet Core Program and Elective (2 Ballet Classes, 1 Modern/Jazz/Lyrical Class, and Performance Class with 2+ Roles in Performances)									
Must be 7 by 9/30	7-10	Ballet Core Level 1b Program		4:30/4:45-6:30		4:30/4:45-6:30			x
Electives, May be taken alone or in addition to the Above level 1a/1b ballet program									
Elective	7-12	Modern/Contemporary A		6:00-6:45					
Elective	5-7s or 8+	Beginning Tap			4:30-5:00				
Elective	7-14	Musical Theater			5:00-6:00				
Elective	7-14	Acting and Repertoire				5:00-6:15			
Elective	7+ taking lev 1+ ballet or 8+ if not	Conditioning/Strengthening					4:15-4:45		
Elective	7+ taking lev 1+ ballet or 8+ if not	Beg. Jazz/Contemp. Open Tech					4:45-6:00		

The difference between level 1B and 1A:

About:

Both 1B and 1A are meant for any beginning ballet student who is age 7+. Dancers ages 7-9 begin developing fine motor control and may begin formal ballet training.

Dancers are encouraged to take level 1B, as either a continuation from Pre-Ballet B, OR any new student age 7+ ready to dive into practice and the joy of dance. Dancers in 1B progress faster because they take two ballet classes each week, one modern/jazz/lyrical class, and a performance class. They also have more roles in performances, usually 2-4+, depending on the ballet and student interest.

Pricing:

Ballet Level 1A Beginning Ballet and Performance (Ages 7-9) *1 ballet class per week for students who cannot attend 1B

This level will be offered with sufficient interest. Please let us know if you would like Ballet 1A.

Electives may be taken alone or added on to Level 1A core

- Tuesdays 6:45-8:00 pm ~ Ballet 1A Core with Performance *\$90/month
- Tuesdays 6:00 - 6:45 ~ Modern Contemporary A \$70/monthly or add to Ballet 1A for \$15/month
- Wednesdays 4:30-5:00 pm ~ Beginning Tap \$60 or add on to Ballet 1A or Musical Theater for \$10/month
- Wednesdays 5:00-6:00 pm~ Muscial Theater Ages 7-14 *\$80 or add to Ballet 1A for \$20
- Thursdays 5:00-6:15 pm ~ Acting & Repertoire Ages 7-14 *\$90 or add to Ballet 1A for \$25
- Fridays 4:15-4:45 ~ Conditioning and Strengthening \$60/month OR Add on to Level 1 or Jazz/Contemp \$10/month
- Fridays 4:45-6:00 ~ Beginning Jazz/Contemporary Open Tech Age 7+ if added on to Level 1 (add \$25) or Age 8+ if no ballet (\$90/month)

Ballet Level 1B Ages 7-9 (2 days/week ballet core) with optional classes Highly Recommended for Students ages 7+, no pre-requisites

4:30-4:45 Arrival and beginning of class as students arrive from school.

- Core Tuesdays Arrival 4:30 to 4:45 -6:30pm and Thursdays Arrival 4:30 to 4:45 -6:30 pm~ Level 1B Core Beg Ballet & Performance & Lyrical/Modern/Jazz 1 *\$170/month
- Wednesdays 4:30-5:00 pm ~ Beginning Tap \$60 or add on to Level 1 or Musical Theater for \$10/month
- Wednesdays 5:00-6:00 pm~ Muscial Theater Ages 7-14 *\$80 or add to Level 1 for \$20
- Thursdays 5:00-6:15 pm ~ Acting & Repertoire Ages 7-14 *\$90 or add to Level 1 for \$25
- Fridays 4:15-4:45 ~ Conditioning and Strengthening \$60/month OR Add on to Level 1 or Jazz/Contemp \$10/month
- Fridays 4:45-6:00 ~ Beginning Jazz/Contemporary Open Tech Age 7+ if added on to Level 1 (add \$25) or Age 8+ if no ballet (\$90/month)